

### **Our Company**

Hicks Group is a certified woman-owned and black-owned small business offering mental health services. Specializing in various therapies including cognitive behavior approaches, mindfulness-based therapy, DBT, life coaching, and EMDR. They work with tweens, teens, and adults dealing with issues like low self-esteem, anxiety, PTSD, depression, abuse, and unhealthy relationships

### **Our Mission**

Our mission is to deliver comprehensive mental and behavioral therapy that nurtures and heals the mind, body, spirit, and emotions.

## **Our Capabilities**

- Counseling & Psychotherapy
- Life Coaching
- Psychoeducation
- Information & Referral Service
- Assessment & Evaluations
- Substance Abuse Mental Health Aftercare (for those in recovery)
- Seminars
- Military Life Counseling Services
- Consultations
- Research

# **Hicks Group Wellness Center**

Capabilities Statement

908-364-7611

ahlpc2eahickslpcllc.com

www.ahickslpcllc.com

2116 Millburn Ave, St 104, Millburn NJ 07041

# Healthcare and Social Assistance Services

Psychotherapists' (MDs or DOs) offices (e.g., 621112 centers, clinics)

Professional and Management Development 611430
Training.

621330

624190

541611

 Offices of Mental Health Practitioners (except Physicians)

Outpatient Mental Health and Substance 621330
 Abuse Centers

• Other Individual and Family Services

Business Management Consulting
 Services/Business start-up consulting services

**Core Values** 

Hicks Group has three (3) fundamental principles:

• To provide quality care to all clients.

 To keep clients accountable for their mental health and well-being.

 To teach and develop skills to help our clients transform and handle their unfinished business.

Trust, understanding, acceptance, and compassion are what you will find at the Hicks Group practice.

#### **Certifications**



Minority and Women-Owned Business Enterprise MWBE New Jersey