

Hicks Group

Wellness Center



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Millburn, New Jersey 07041

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NAICS:

541612
541720
561320
611110
611430
611710
621330
621399
621420
624190
624310
813319

Cage Code:

66TD4

D&B:

965523868

GSA Mentor: Ava Williams, MS,
BCPC, CRS/CEO of CRISARA
Creative Therapy
1140 Corporate Way
Sacramento, CA 95831
Website: <http://www.crisara.us/>

Certifications:

Hicks Group is certified in Women-Owned Small Business by the United States Women Chambers of Commerce, and Minority Owned Small Business by self-certification and is an expert in Counseling, Consulting, Seminars, Groups, and Coaching.

Capability Statement

BUSINESS SUMMARY

Hicks Group is a third-party certified woman-owned and black-owned small business & mental health professional practice. We specialize in cognitive behavior approaches, mindfulness-based therapy, dialectical behavior therapy (DBT), life coaching, and EMDR (Eye Movement Desensitization Rotation) other counseling orientations. Our primary work is with tweens, teens, and adults who have low self-esteem, anxiety, Post-Traumatic Stress Disorder, depression, abuse, and those in domestic violent and unhealthy relationships.

Our office is particularly interested in providing mental health services to uninsured and under-insured clients, civilian and military women & men (MST & combat PTSD), families, and law enforcement officers. Individuals in domestic violent or unhealthy relationships, those suffering from uterine fibroids, cancers, lupus, and HIV/AIDS. As well as other services. We are multicultural and here to help all. We do home visits and E-therapy.

Hicks Group specializes in innovative & community-based mental health and wellness service, EAP, psychoeducation support services, assessments & evaluations, research, Military Individual & Family Care, consultations for small and micro-business, substance abuse counseling, mental health aftercare, and state & federal contract.

CAPABILITIES

- Counseling & Psychotherapy
- Life Coaching
- Psychoeducation
- Information & Referral Service
- Assessment & Evaluations
- Substance Abuse Mental Health Aftercare (for those in recovery)
- Seminars
- Military Life Counseling Services
- Consultations
- Research

FACILITIES & EQUIPMENT

Our primary location is Millburn, New Jersey, in a Professional Medical Building, a state-of-the-art facility that is handicap accessible and open by appointment. We also remotely provide Telehealth (video, phone, and e-mail) counseling services.



EXPERTISE

We have possessed an eclectic approach to client's emotional and psychological well-being over the last 25 years. Multi-dimensional and highly skilled with a wide range of experiences and achievements. Inclusive practices of individual, group, organizational development, adults, and families services. Twenty-two years providing psychoeducation, short-term counseling, and enrichment groups in elementary, middle, and high schools. Twenty-one years supplying crisis intervention and prevention services in child welfare, families, AIDS social services agencies, and hospitals. Individual private practice and promoting cognitive behavioral approaches, dialectical behavioral therapy, interpersonal skills, and self-esteem awareness for at-risk

Adolescence and children. Several years lecturing and teaching psychology and social psychology courses, supervising Fairleigh Dickinson University psychology students, and ten years facilitating and directing workshops, training, and presentations.

CUSTOMERS, CONTRACTORS & PROVIDER RELATIONS NUMBERS

- AETNA, 1-800-US-AETNA
- CIGNA, 1-800-882-4462
- Blue Cross Blue Shield, 1-800-355-BLUE
- Magellan Health Services, 1-800-788-4005
- Oxford United Behavioral Health, 1-877-499-4237
- Ceridian EAP Services, 1-866-494-3579
- Tricare Management, 1-877-874-2273
- Managed Health Network, 1-800-444-4281

SUMMARY AND OUR NEEDS

- **Our** mission is to provide an innovative & community-based mental health and wellness service which focuses on overall mental, emotional, body and spiritual wellness. To eliminate the barriers to treating severe mental disorders and to open access to mental health treatment, therapy, and specialized services to uninsured and underinsured clients.
- **We** aim to have a multi-dimensional approach in our counseling/staffing/coaching/consulting services. We are bringing about personal growth, dignity, and worth to every client with alternative developmental and behavioral changes.
- **We** want our clients to learn new ways to cope with stressful situations by implementing individualized therapeutic approaches that meet their needs. Clients will transform. So we can help them grow into whatever they wish to be. **Working** in cooperation and networking with Certified/Licensed Clinicians; Education Support Service Staff, Massage Therapists, Teachers, Social Workers, Nurses, Probation Officers, U.S. Veterans Affairs; as well as City; County; State, and GSA Government agencies, we are a resource in bringing the Public the highest standard of service skills for restoration, maintenance, and improvement in mental & emotional well-being, social wellness, and physical health.
- **We** need help with our social media communications, branding, and marketing to reach more and serve more.



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