

Hicks Group

Wellness Center



2130 Millburn Avenue, Ste. C8
Maplewood, New Jersey 07040

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NAICS:

541612

541720

561320

611110

611430

611710

621330

621399

621420

624190

624310

813319

Cage Code:

66TD4

D&B:

965523868

GSA Mentor: Ava Williams,
MS,BCPC, CRS/CEO of CRISARA
Creative Therapy
1140 Corporate Way
Sacramento, CA 95831
Website: <http://www.crisara.us/>

Certifications:

Hicks Group is certified in Women Owned Small Business by the United States Women Chambers of Commerce and Minority Owned Small Business by self-certification, and is expert in Counseling, Consulting, Seminars, Groups, and Coaching.

Capability Statement

BUSINESS SUMMARY

Hicks Group is a third party certified woman-owned and minority small business and mental health professional practice. Our primary work is with tweens, teens, and adults who have low self-esteem, anxiety, Post-Traumatic Stress Disorder, depression, abuse, and those in domestic violent and unhealthy relationships. We specialize in cognitive behavior approaches, mindfulness based therapy, dialectical behavior therapy (DBT), life coaching, and EMDR (Eye Movement Desensitization Rotation) other counseling orientations.

Our office has a special interest in providing mental health services to uninsured and under-insured clients, civilian and military women & men (MST & combat PTSD) and families, law enforcement officers. Individuals in domestic violent or unhealthy relationships, those suffering from uterine fibroids, cancers, lupus, and HIV/AIDS. As well as other services. We are multicultural and here to help all. We do home visits and E-therapy.

Hicks Group specializes innovative & community based mental health and wellness service, EAP, psycho-education support services, assessments & evaluations, research, Military Individual & Family Care, consultations for small and micro-business, substance abuse counseling, mental health aftercare, and state & federal contract.

CAPABILITIES

- Counseling & Psychotherapy
- Life Coaching
- Psycho Education
- Information & Referral Service
- Assessment & Evaluations
- Substance Abuse Mental Health Aftercare (for those in recovery)
- Seminars
- Military Life Counseling Services
- Consultations
- Research

FACILITIES & EQUIPMENT

Our primary location is in Maplewood, New Jersey located in a Professional Medical Building. A state of the art facility that is handicap accessible and open by appointment. Our satellite office is located in Westfield, New Jersey

EXPERTISE

We possess an eclectic approach to clients' emotional and psychological well-being over the last 20 years. . Multidimensional and highly skilled with a wide-range of experiences and achievements. Inclusive practices of individual, group, organizational development, adults, and families services. 11 years providing psycho education, short-term counseling, and enrichment groups in elementary, middle, and high schools. 14 years supplying crisis intervention and prevention services in child welfare, families, AIDS social services agencies, and hospitals. Individual private practice and promoting cognitive behavioral approaches, dialectical behavioral therapy, interpersonal skills and self-esteem awareness for at-risk



adolescence and children. Several years lecturing and teaching psychology and social psychology courses. Supervising Fairleigh Dickinson University psychology students. 10 years facilitating and directing workshops, trainings, and presentations.

CUSTOMERS, CONTRACTORS & PROVIDER RELATIONS NUMBERS

- AETNA, 1-800-US-AETNA
- CIGNA, 1-800-882-4462
- Blue Cross Blue Shield, 1-800-355-BLUE
- Magellan Health Services, 1-800-788-4005
- Oxford United Behavioral Health, 1-877-499-4237
- Ceridian EAP Services, 1-866-494-3579
- Tricare Management, 1-877-874-2273
- Managed Health Network, 1-800-444-4281

SUMMARY

- Our mission is to provide an innovative & community based mental health and wellness service which focuses on the overall mental, emotional, body, and spiritual wellness. To eliminate the barriers to treatment of severe mental disorder and to open access to mental health treatment, therapy, and specialized services to uninsured and under-insured clients.
- Our goal is to have a multi-dimensional approach in our counseling/staffing/coaching/consulting services. Bringing about personal growth, dignity, and worth to every client with alternative developmental and behavioral changes.
- We want our clients to learn new ways to cope with stressful life situations through implementation of individualized therapeutic approaches that meet their needs. Clients will transform. So we can help them grow into whatever they wish to be.
- Working in cooperation and networking with Certified/Licensed Clinicians; Education Support Service Staff, Massage Therapist, Teachers, Social Workers, Nurses, Probation Officers, U.S. Veterans Affairs; as well as City; County; State, and GSA Government agencies we are a resource in bringing the Public the highest standard of service skills for restoration, maintenance, and improvement in mental & emotional well-being, social wellness, and physical health.



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